



I really love what I do and all the great people I meet. My goal and passion is to help people help themselves and have quality of life. Special people like Joseph make my job very fulfilling.

*– Sally, OTR/L, CLT
Occupational Therapist*

Fall 2022



178 Farmington Road
Rochester, NH 03867
800-691-1133

cornerstonevna.org/donate

Dear Friend,

Cornerstone VNA changed my life. And thanks to your support, you changed my life, too.

22 years ago, I needed bypass surgery. During my procedure, the doctor removed a vein from my leg to repair my heart, which saved my life. After my surgery, I began to experience significant swelling in my leg, called lymphedema. **For more than 20 years, no one truly addressed the lymphedema in my leg or explained my condition. That all changed when I met Sally from Cornerstone VNA.**



Sally is an Occupational Therapist who came to my home to assist in my recovery after my back surgery in March. I was so lucky to have her. As a Certified Lymphedema Specialist, she immediately recognized the swelling in my leg as lymphedema and provided me with special exercises. Her instructions on self-manual lymph drainage, and the use of compression garments, made such a big difference. **I learned so much from Sally, and my leg has never looked so good.**

Private insurance wouldn't cover the cost of my compression garments, but Sally was able to get them donated. She even helped me get a special tub bench and made sure it was adjusted properly and instructed me on how to use it so that I could get in and out of the shower safely. **Sally really went above and beyond to help me get better. She is truly an asset to Cornerstone VNA.**

I recently learned that the Lymphedema program is a new specialty program at Cornerstone VNA, which started thanks to initial funding from a local donor and a local business. The supplies needed are expensive, as well as the training needed to become certified. Cornerstone VNA now has four Certified Lymphedema Specialists, which is great! Continued support for special programs like these will surely improve the lives of more patients who are fortunate to be in the caring hands of the Cornerstone VNA team.

I encourage you to make a donation to Cornerstone VNA, in honor of Sally and the wonderful people at this organization. Your gift will support critical programs, like Lymphedema, and other services not fully covered by insurance. **I am in a much better place today thanks to Sally and Cornerstone VNA.**

With Thanks,

Joseph A. Gregoire
Joseph Gregoire

p.s. Your gift will be in good hands, and will directly support patients like me, who benefit from the highly skilled team and specialized care provided by Cornerstone VNA.

Donate by Phone



Home Care • Hospice Care • Palliative Care • Life Care - Private Duty • Community Care