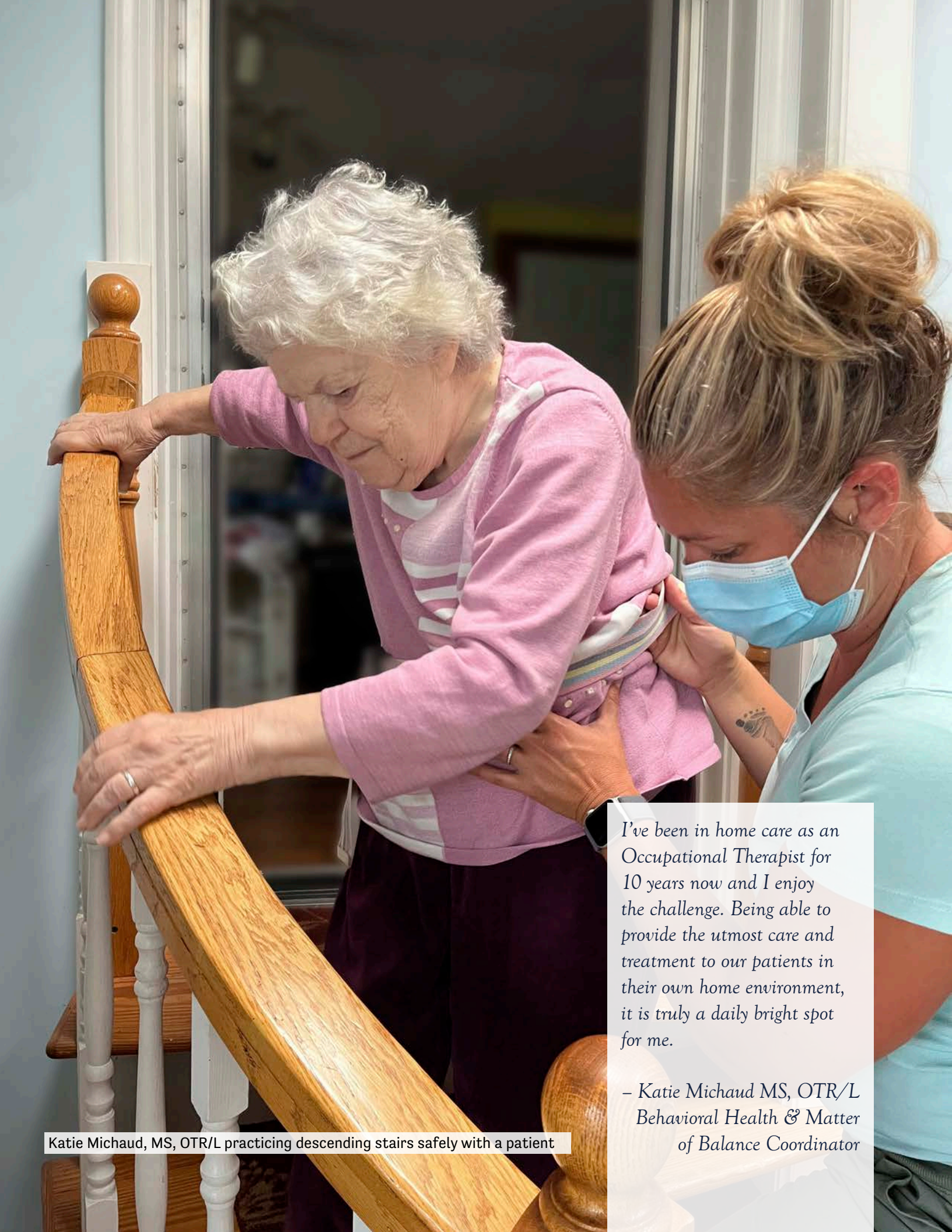


STORIES THAT TOUCH
STORIES THAT EXCITE
STORIES THAT HEARTEN
STORIES THAT INSPIRE
STORIES THAT ASSURE
STORIES THAT MOVE
STORIES THAT IMPACT
STORIES THAT REACH
STORIES THAT IMPRESS
STORIES THAT AFFECT

2022 Annual Report



CORNERSTONE VNA
HOME • HEALTH • HOSPICE



Katie Michaud, MS, OTR/L practicing descending stairs safely with a patient

I've been in home care as an Occupational Therapist for 10 years now and I enjoy the challenge. Being able to provide the utmost care and treatment to our patients in their own home environment, it is truly a daily bright spot for me.

*– Katie Michaud MS, OTR/L
Behavioral Health & Matter
of Balance Coordinator*

Making a Difference

As we embark on our 110th year of service, all of us at Cornerstone VNA look back with pride and sometimes a bit of amazement at all we've managed to accomplish in 2022. In this report you'll read some of the stories that demonstrate these efforts.

Once again, we have delivered expert care to thousands of clients through our home care, hospice, palliative care, and life care programs. In addition, as we've learned to live with COVID-19 as an ongoing part of our lives, we've fully resumed our community health programs including clinics and in-person support groups.

Yet the demand for home health care still exceeds our capacity and that of our partners. Our staff continues to grow in size and skill, but the need is great. How do we manage to respond so effectively? By going above and beyond every day, thanks to the commitment and compassion of our staff both in the field and in the office.

Stories That Inspire

This past year I've been inspired by countless stories of care and compassion from our staff, volunteers, and community members. We served more people than in previous years and continued to improve the lives of many as the pandemic lingered on throughout the year and illness for many exacerbated. Additionally, the staffing shortage in healthcare worsened, and we saw an increased need for care at home, as more people want to age in place. Numerous calls, letters, and stories of gratitude have come to us during these challenging times, and we are proud to share many of these stories and messages throughout this report.

Our quality of care has excelled by offering specialized services and the results reflect the dedication of our staff who go above and beyond every



On behalf of the board of directors, I want to give credit for our success to every member of the Cornerstone VNA family—staff, volunteers, donors, patients and their caregivers—who are the true foundation of this organization. Together we make a significant difference in all our communities.

Best regards,

Susan Gaudiello, Board Chair



day. This is supported by our culture of learning, allowing us to always keep up with the best possible opportunities for our staff and our patients. Our donors, communities, and businesses have been most generous, so we are able to provide this specialized care. Funding services can be trying when insurance reimbursement doesn't meet the needs. Balancing all these aspects is important

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and could not be managed without the support of our community.

We will continue to bring more inspiring stories to you in 2023 as we celebrate our 110th year anniversary and recognize our healthcare heroes through our impressive history.

Thank you for the opportunity to serve and be there for all of you,

Julie Reynolds, RN, MS
President/CEO



Sally Grover, OTR/L, CLT, preparing patient Joseph Gregoire for treatment

I really love what I do and all the great people I meet. My goal and passion is to help people help themselves and have quality of life. Special people like Joseph make my job very fulfilling.

*– Sally,
Occupational Therapist,
Cert. Lymphedema Therapist*

Patient Stories

Life Changing Lymphedema Support

Cornerstone VNA changed my life. And thanks to your support, you changed my life, too.

22 years ago, I needed bypass surgery. During my procedure, the doctor removed a vein from my leg to repair my heart, which saved my life. After my surgery, I began to experience significant swelling in my leg, called lymphedema. For more than 20 years, no one truly addressed the lymphedema in my leg or explained my condition. That all changed when I met Sally from Cornerstone VNA.

Sally is an Occupational Therapist who came to my home to assist in my recovery after my back surgery in March. I was so lucky to have her. As a Certified Lymphedema Specialist, she immediately recognized the swelling in my leg as lymphedema and provided me with special exercises. Her instructions on self-manual lymph drainage, and the use of compression garments, made

such a big difference. I learned so much from Sally, and my leg has never looked so good.

Private insurance wouldn't cover the cost of my compression garments, but Sally was able to get them donated. She even helped me get a special tub bench and made sure it was adjusted properly and instructed me on how to use it so that I could get in and out of the shower safely. Sally really went above and beyond to help me get better. She is truly an asset to Cornerstone VNA.

I recently learned that the Lymphedema program is a new specialty program at Cornerstone VNA, which started thanks to initial funding from a local donor and a local business. The supplies needed are expensive, as well as the training needed to become certified. Cornerstone VNA now has four Certified Lymphedema Specialists, which is great! Continued support for special programs like these will surely improve the lives of more patients who



are fortunate to be in the caring hands of the Cornerstone VNA team.

Thank you for supporting Cornerstone VNA. Your gifts support critical programs, like Lymphedema, and other services not fully covered by insurance. I am in a much better place today thanks to Sally and Cornerstone VNA.

With Thanks,

Joseph A. Gregoire

Comforting Bears

There's something magical about teddy bears. They can make you smile. They can bring you comfort. They can take you back to a special memory. And they make thoughtful gifts.

Our volunteer Judy Pelletier started making bears in the 1990s as a way to make gifts for her family and friends, especially for baby showers. While working at St. Anne's Rehabilitation

Center as a nurse, she even made bears for the children of two of her colleagues who had lost their husbands.

After Judy retired from St. Anne's, one of our Cornerstone VNA Social Workers, Kristie Bonyman, reached out to Judy. Kristie had previously worked with Judy and had seen her beautiful work, which gave Kristie an idea. *"As Social Worker in our Hospice Care program, it is always heartbreaking to see a child have to say goodbye to their parent or grandparent. It made me think of Judy's bears, so I reached out to see if she'd make bears for young Cornerstone VNA patients and family members. What is special about these bears is that she uses a piece of clothing from the patient who has passed away. Usually, it's a favorite shirt that the family has picked out for Judy to use to make the bear. The rest of the materials needed to make the bears are purchased*



with money from our Kiddie Cornerstone Fund. It's a beautiful collaboration and a beautiful gift for the young family members of our patients. Judy has made more than 40 bears for our families since the Spring of 2022."





Hayley Bustos, FNP-C, ACHPN checking vitals on a Palliative Care patient

My goal each day is to make life a bit easier for people with chronic, life limiting illness. Being able to meet them where they are, and in their homes is such a gift. I am also blessed to work with such an amazing team at CVNA!

–Hayley Bustos
Nurse Practitioner,
Advanced Certified Hospice
and Palliative Nurse

Improved Care Through Advanced Training

As the Vice President of Operations and Cornerstone VNA team member for 21 years, I have firsthand experience of the value of professional staff development. I wanted to become a home care nurse after a family experience, and I joined Cornerstone VNA as soon as I graduated from nursing school. There's a lot to learn as a new nurse, especially in home care, but I was eager to gain experience, and I received extensive training to guide me along the way. The support from my mentor and my peers helped me grow as a nurse and eventually into a leadership position. In my role, I truly enjoy sharing my knowledge and passion to guide our team, both in the office and in the field.

The delivery of home health services continues to evolve, and many of our patients are discharged from the hospital to home with more complex illnesses than ever before. The ongoing education of our staff is critical to help them advance their skills and to ensure they're up to date on current best practices. For example, Chronic Care Management has been a priority for nearly 20 years, and our clinicians



receive this training to help our patients achieve a better quality of life. Another specialty service is our Wound Care program, which requires a team of certified nurses and therapists. Through this program, we utilize a technology tool that accurately measures and tracks the wound healing process, leading to improved outcomes.

In recent years, our rehabilitation therapists have achieved advanced certifications in Lee Silverman Voice Treatment (for individuals with Parkinson's disease and other neurological conditions) and Lymphedema.

Lymphedema is our newest program, which has grown significantly since it was developed in 2021. Joseph's story (see page 3) is just one of many grateful patient stories we've received thanks to this new specialty service. Many home care agencies cannot support Lymphedema patients or other complex conditions, because their staff have not received appropriate training. Additionally, some agencies do not have the financial capacity to cover the costs associated with caring for a patient in need of complex care and treatment. We are fortunate to have the generous support of our donors who make it possible for our team to get certified and get the supplies needed to offer such specialized care.

Thanks to the kindness of our donors and the support of our expert team, our patients can receive the care they need to achieve their personal health goals. We couldn't continue to offer expert services without you. Your support and funding matters!

Jennifer Gullison

Jennifer Gullison, RN, MSN
Vice President of Operations

Staffing Challenges and Opportunities

The nationwide nursing shortage has been predicted for years, and there are many factors influencing this unfortunate situation. The first is our aging population, with Maine and New Hampshire among the states with the highest percentage of people over the age of 65. The second factor is that many nurse educators reached the retirement age, and due to the limited number of educators, colleges and universities had to begin limiting enrollments in their nursing programs. Finally, the COVID-19 pandemic added another strain on staffing in the health care industry. Health care organizations, including Cornerstone VNA, have been working hard to be

creative with staffing and technology resources in order to continue meeting patient care needs without impacting quality of care and patient outcomes. Cornerstone VNA continues to foster a positive work culture and offers opportunities for growth to keep staff feeling engaged and valued. We are extremely fortunate to have such a dedicated team. We are confident in our ability to retain our amazing staff and recruit additional health care professionals to join our team. We offer a lot to our employees in terms of traditional and nontraditional benefits including work-life balance, wellness opportunities, mental health resources, special outings, and great activities to

create a culture of caring and support among our team.

Despite the workforce challenges we added nearly 40 new employees in 2022 and our team grew to 175. We continue to strengthen our recruitment efforts so we can keep building our amazing team.



Mission Moments

Our Home Care services of today are much more sophisticated and advanced to address a wide variety of patient care needs. Many of our clinical staff have achieved specialty certifications, which greatly enhances the care that is provided and leads to positive patient outcomes and experiences.

The donations and funding we receive make it possible for us to invest in the professional development of our staff, which helps them grow in their profession and expand their skill set. The benefit of staff education has an amazing ripple effect. Our staff enjoy the opportunity to learn and build upon their knowledge base, and patients and families benefit from their expertise. Patients are not just getting better, they are receiving education from our team and learning how to better manage their health after they've been discharged from services.

Throughout the year we receive letters and hear stories about the impact of our work across all of our programs. We often refer to these stories as "mission moments," and we are pleased to share many of these moments with you here.

Palliative Care

Three years ago, I was in a really bad place. I was very sick with COPD (Chronic Obstructive Pulmonary Disease), and I was suffering from extreme anxiety. I was originally admitted to the Hospice Care program at Cornerstone VNA, but less than a month after I was admitted, my nurse practitioner felt I would benefit from the Palliative Care program to better manage my COPD symptoms, decrease my anxiety, and improve my quality of life. I was a mess for about 3-4 weeks, but my nurse practitioner was persistent and wouldn't give up on me. She tried different medications until we found the right one. Thanks to her

Home Care

Dear Karen [Rehab Manager], I simply wanted to express my sincere thanks for having such wonderful therapists on your team.

After having a total hip replacement, I had the pleasure of working with Allyson Alexander and Cindy Gallant. Their professional caring attitude and knowledge made me feel as if I were the only person they have ever had to work

Hospice Care

I recently worked with a young man who was only 36 years old and dying from esophageal cancer. He wanted one more trip up north as he was an avid skier and hiker. I was able to work with the Hospice Help Foundation to get him an Airbnb for two nights with a hot tub. The patient found much relief when he got into a bathtub or warm water, so the hot tub was very comforting to him. I also reached out to the Mount Washington Cog Railway and got him a free trip up the mountain in a Snow Coach which was a very comfortable ride. He was able to get up the mountain to see the view of New Hampshire and

with. Their patience with answering questions and providing hands-on guidance with my Home Exercise Program was truly impressive. At no point in time did I ever feel rushed, hurried, or pressured. The approach they utilized in working with me made me feel totally comfortable.

Again, you must feel blessed to have such dedicated therapists on your team – please extend my sincere thanks to them.
– P. G.



the White Mountains. He chose to take this trip with his father and the two had wonderful two days together. The patient came home after this trip and passed away within two weeks. Right before his death, he grabbed my hand, gave it a squeeze and thanked me for making this trip happen for him and his father. It was really special and the family was very grateful.

– Kristie, Social Worker

help, I was able to get rid of my crippling anxiety. The Palliative Care program has been so wonderful, and when I call the office, it feels like I'm talking to my family. They are so friendly and supportive and quick to respond to my needs. My nurse practitioner is very knowledgeable and is up to date on my care needs.



Having the support of Palliative Care means that I don't have to rush to the hospital if I'm having a medical issue. I can get what I need from my nurse practitioner and I can get well at home, which is where I want to be. That's a real plus. I usually find that I can ride out these bad times because I have the support of the Palliative Care team. I'm grateful that I don't have to rely so much on my family for help, and having the support of Cornerstone VNA puts both my family and myself at ease.

I can't say enough good things about Cornerstone VNA. I don't ever want to be without it. Palliative Care is just perfect.

– C. M. (Patient for the past 3 years)

Life Care – Private Duty

Deb has been living with cancer for many years and eventually reached out to our Life Care – Private Duty Department to receive homemaking services to assist with light housekeeping to help her remain safe and independent at home.

Deb shares, *“I couldn’t believe the freedom that I had felt when they came in and they were here to do it for me. I’ve never found an agency or a group of people that are more caring and when I’ve needed help or I’ve needed to talk to somebody, they’re just a phone call away. They treat me like I’m a VIP. I’m just really blessed with the people who come to my home, including the nurses*



and Hospice as well. They treat me wonderfully. With my homemaker, and any of the different departments that have come to my home, I’m at ease with all of them because of the training, and because of the standards they follow, they know what they’re doing. They’re not just doing something for a job. It’s an important part of who they are.”

Community Care

Caring for the community comes in many forms at Cornerstone VNA. From our monthly Community Wellness Clinics to our free Educational Series programs, monthly Caregiver Cafés, and our special Matter of Balance programs to help individuals reduce their risk of falling.



Our involvement in the community often leads to unique opportunities and valuable partnerships. In early 2022, we were approached by FedPoint in Portsmouth – the largest group

long term care insurance program in the country – to collaborate on a new scholarship program to strengthen the nursing workforce in northern New England and beyond.

Starting in 2023, FedPoint will award four \$5,000 scholarships annually to individuals accepted to accredited nursing programs and who currently reside in either New Hampshire, Maine, or Massachusetts. Cornerstone VNA is one of three regional partners who will be participating in the application review panel, along with members of FedPoint’s own care coordination team.

According to Barbara Boulton, RN, MSN Ed, Director of Operations at Cornerstone VNA, *“We appreciate FedPoint’s commitment to the communities and their innovative thinking, and we commend their support of the next generation of nurses. We know firsthand of the nursing shortage and how important it is to foster interest and support for this career in the next generation. This show of support is critical to meet the growing health care needs of our aging state.”*

Awards

2022 Health Care Hero Award - Seacoast Region – Cheryl Bonar, RN

Strafford County Public Health Network – Recognition of dedication and partnership in regional vaccination response and commitment to our community – Cornerstone VNA/ June Gallup, RN and Sandy Powers, RN

Best of the Seacoast Award
2022 Best Home Health Care

The Falls Chamber of Commerce
2022 Nonprofit of the Year



We recognized the following for their dedication and support:

Laars Heating Systems
Cornerstone Award

Kathryn Howard, LNA
Cornerstone VNA LNA of the Year

Cheryl Bonar, RN
Nightingale Award



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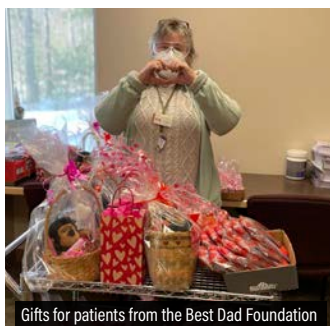
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William Evans Trust Fund

Grants

Cogswell Benevolent Trust
FedPoint USA
First Seacoast Bank
Kennebunk Savings
Laars Heating Systems Company
Meredith Village Savings Bank
New and Again Thrift Store for Charity
New Hampshire Charitable Foundation
Portsmouth Regional Hospital
Profile Bank
Service Credit Union Corporate Headquarters
The Fabulous Find
Volunteer NH
William Evans Trust Fund
WorkInvestNH

Town Funding

City of Portsmouth
City of Rochester
City of Somersworth
Town of Acton
Town of Barrington
Town of Farmington
Town of Lee
Town of Middleton
Town of Milton
Town of New Durham
Town of Northwood
Town of Nottingham
Town of Rollinsford
Town of Strafford
Town of Wakefield
Town of York

Thank you to all our *Lights of Love* donors.

We apologize for any misspelled or omitted names. We are truly grateful for every gift. If you have discovered an error, please contact philanthropy@cornerstonevna.org so that we may update our records.

Special Events

Lights of Love

The 36th Annual Jane Cooper Fall Lights of Love event, a cherished community holiday tradition, continued virtually this year due to continued uncertainty related to the COVID-19 pandemic. In 2022, nearly 250 donors purchased close to 800 lights to remember, honor, and celebrate their loved ones. Our virtual LOL event, held during the month of December, featured a special video with touching tributes to local

community members, Ann Burnham and Linda Sunderland. Thanks to the generosity of our donors and friends, both near and far, this beautiful event raised over \$8,000 for Cornerstone VNA. One grateful family shared, *"It is such a beautiful display and a wonderful tribute to our Mother who we miss very dearly. Thanks again for taking care of the light for our Mother and sending along to us a picture of it. Your help and concern in this matter is greatly appreciated by our family."*



Caregivers Connect

Family caregivers continued to be a big focus during the year through our community outreach efforts. Since the pandemic was still a concern early in the year, we continued our virtual monthly Caregiver Cafés, a helpful connection during an isolating time. Thanks to generous support from First Seacoast Bank, we held our annual Caregivers Connect event in May with special keynote speaker Kay Frances. Kay provided an energetic, upbeat virtual presentation to over 30 local caregivers. One of our caregiver attendees shared, *"Just had to let you know how much I enjoyed Kay Frances"*

talk about stress and laughter! I have had a few moments where the stress leads to making me laugh. Think I should write those moments down to read later. I am so grateful, especially at this time, for having the support."



By the end of the Summer, we were excitedly preparing for the return

of our in-person Caregiver Cafés in collaboration with our local libraries. By October, we officially returned to in-person in partnership with Goodwin Library in Farmington, Hill Library in Strafford, Langdon Library in Newington, and the Dover Public Library.

Recently a caregiver shared, *"Thank you so much for putting together the Caregiver Café ... it is truly a blessing. Since [my wife's] condition is getting worse, my life has been pretty much isolated. So it's great to meet once a month. There are a lot of amazing stories out there."*

Hospice Memorial Service

Our beautiful Spring and Fall Hospice Memorial Services have continued virtually, which has been a wonderful way to honor and remember our patients. Families from near and far can watch and share the service with their loved ones. Once again our Memorial Garden pathway was lined with colorful butterflies, bearing the name of each patient. We're grateful for the special messages we received from the families.

We will never forget the excellent care and fellowship shared with our 'dad' at Webster!! You folks are the best! Again, thank you so much for everything and God Bless you all always!"

"I want to thank each and every one of you for your compassion and the strength you gave us. We could not have done it

without all of you. I just am very grateful for all your support, and I could not have done this alone. He was a great man and a man that gave me enough love to last me a lifetime and I thank you all from the bottom of my heart for the care you gave us ALL. It takes a real special person to do what you do every day. Thank you for the beautiful Memorial service."



"Your virtual Memorial Service was beautiful! It touched my heart; thank you! On behalf of my family and myself, I want to say thank you so much for all your love and care for our stepdad!"

Volunteers

Fabulous Find

In November 2022 we received a generous donation of over \$8,500 from The Fabulous Find, a boutique style resale shop in Kittery, ME.



Marcy Philbrook, Board President of The Fabulous Find noted, *"The Fabulous Find is so happy to be able to partner with Cornerstone VNA. Most of us have had family members or people we know who have benefitted from the amazing care of visiting nurses. Cornerstone VNA is one of those quiet organizations that do so much good in our community."*

The unique resale boutique partners with different worthy, local nonprofit organizations each month, selecting us as one of four recipients of their October proceeds.

Petal it Forward

Brought on by the Society of American Florists as a powerful way to illustrate the positive health benefits of giving and receiving flowers, Studley's Flower Gardens donated 200 wonderful bouquets to give to our patients.



Circle of Caring Volunteers

Our volunteers came back in full swing this year thanks to a decrease in COVID-19 cases. Additionally, our thriving volunteer program received a wonderful boost in the form of a special grant from Volunteer NH. This grant money has been used to purchase a laptop for our office volunteers,

Meet Lucy

One of our newest volunteers in training has four legs, enjoys a good tummy rub, and will show off her tricks for treats. Lucy is a beautiful Australian Shepherd who belongs to our Holistic Disciplines Manager, Maureen Steer. Maureen shares, *"Lucy has been a champion therapy dog in training. She has such a loving personality and just her presence makes people happy. She has already achieved 'Good Citizen' status and once she graduates from her therapy dog training, she'll be ready to visit our patients at home. I can't wait to see the*

special marketing materials, and booth displays to help us with volunteer outreach and recruitment efforts. Thanks to Volunteer NH's support, we've been successful in recruiting many new volunteers to join our team. Our volunteer team includes over 50 caring individuals who share their time and talent to support our organization and our patients.



difference Lucy makes in the lives of the people she visits."

Awards

Hospice Volunteer Jim McKenna received a Spirit of NH Volunteer Award in November. Jim has been a volunteer with us for over 3 years and has been described as quiet and humble, providing a safe space for patients and their loved ones during this difficult time in their lives. He stays with patients as family members run errands or holds the hands of dying patients. Jim always answers the call to

support people in need, giving a lot of his time to the organization.

Ann Vennard, our Assistant Director of Advancement, was named the 2022 Governor's Outstanding Volunteer Manager of the Year. *"The work done by Ann exemplifies the very best of NH – going out of one's way to care for others and provide a helping hand to those in our communities,"* said Governor Sununu.



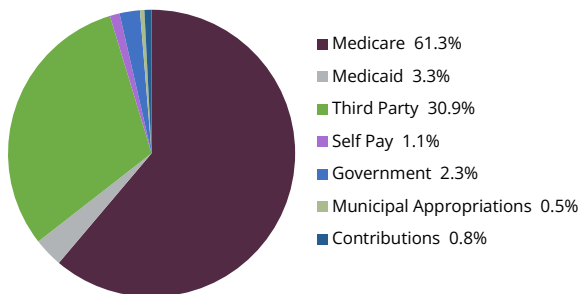
Facts and Figures

Program Statistics

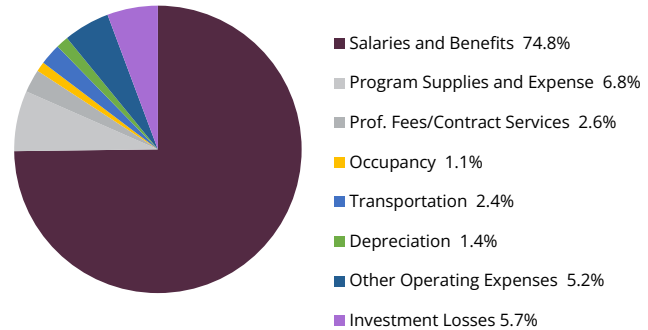
	Patients	Visits
Home Care	4,085	
Skilled Nursing		24,368
Physical Therapy		17,193
Occupational Therapy		7,584
Speech Therapy		695
Medical Social Worker		1,286
Licensed Nursing Assistants		3,007

	Patients	Visits
Hospice Care	557	15,902
Palliative Care	200	1,781
Life Care - Private Duty	135	4,974
Community Care	801	
Additionally: 150+ Community Outreach and Networking activities, Educational Programs, Matter of Balance Programs, and Monthly Caregiver Cafés		

Revenue by Source



Operating Expenses



Did you know ...?

29 times around the world



In 2022 we traveled 732,000 miles to deliver expert health care to our patients.

159+ days of education



Staff completed 3,836 hours in one of our healthcare training programs. Additionally, staff was engaged in dozens of other healthcare courses and certifications. Around 40 staff are now certified in specialized care.

5206 hours of volunteer impact



including Board of Directors, Office, Companion, Pet Therapy, Caregiver Café, Balance Coach, Event Volunteer hours and an impressive 1,236 hours of Hospice volunteer commitment.

150+ community members



participated in 17 educational programs we provided free of charge. Programs include Wellness and Nutrition, Mental Health, and Falls Prevention.

110 Years of Caring

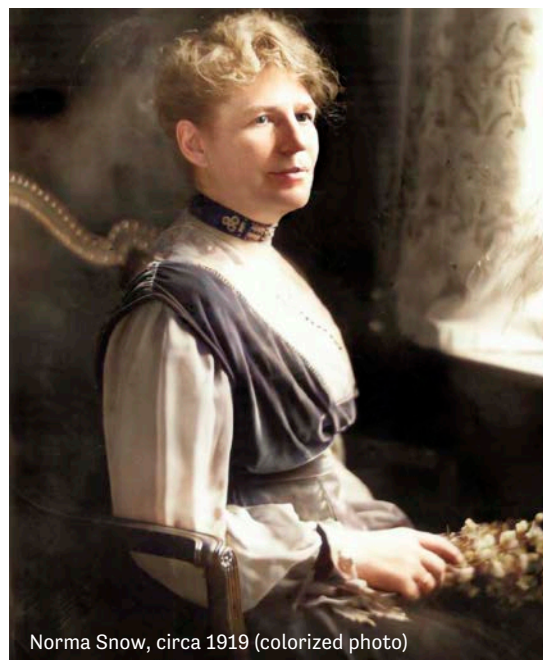
We are excited for the year ahead as we celebrate Cornerstone VNA's 110th anniversary. Throughout the year we'll be recognizing our "Healthcare Heroes through History" and how our heroes, starting with our founder, Norma Snow, helped shape our VNA of today. The evolution of home care services over more than a century has been quite remarkable. Thank you for being on this journey with us, past, present, and future!

In the words of a Rochester Courier writer at the time of her death, "*Mrs. Leslie P. Snow whose death occurred Monday in her 85th year, was one of the most truly remarkable women this writer has ever known. In her were combined with the usual womanly virtues, an usual business acumen, an almost Puritan sense of honesty, strong convictions which she was never at loss to defend, and a tremendous energy. Despite her advanced years, Norma Snow maintained a schedule of activity up until the time of her death that would have appeared impossible to many men and most women half her age. And certainly no woman and few men in many years have left so deep*

an imprint of their personalities on the City of Rochester.

To most people Parson Main, whose likeness in stone occupies Central Square, is 'Mr. Rochester' the Symbol of the strength and the great traditions of the city. Probably no woman in the history of the city is so deserving of the place as his feminine counterpart."

Her obituary lists her involvement in many social and charitable activities: Mrs. Snow was active in all organizations of the First Church Congregational, was treasurer and president of the Ladies' Aid Society, served as regent of the local chapter and NH state secretary of the DAR, was president of the Rochester Woman's Club and secretary of the NH Federation of Women's Clubs, member of the Rochester School Board, chairman of the board at the Gafney Home for the Aged, president of the Monday Club, was on the executive board of Rochester's American Red Cross chapter and chairman of their Home Nursing Service. The obituary also reads, "*Mrs. Snow was credited with*



Norma Snow, circa 1919 (colorized photo)

organizing the Rochester Visiting Nurse Association in 1913, while serving as president of the Rochester Woman's Club. She named the committees to secure the services of a public health nurse and when the Association was organized she was named president and held that office for many years. She was still connected with the Association, in which she took an active part at the time of her death."

A truly remarkable woman and the "Cornerstone" of who we are today.

Thanks to You

As a donor and supporter of Cornerstone VNA, you surely have been touched by our services, or have a loved one who has benefited from our care. As we enter our 110th year, we are not only celebrating our past, but we are looking ahead to the future of home health services. It will be both an exciting and challenging time as we embrace clinical advancements and adjust to payment model changes. You can be an important part of our continued success in the future by making a planned gift and becoming a member of our **Norma Snow Legacy Society**. Your commitment to making a planned gift will ensure that Cornerstone VNA will continue to be here for future generations.

Norma Snow Legacy Society

Make a lasting commitment to Cornerstone VNA through a will, trust or other planned gift.

Century Circle

Boost the professional development of our staff by pledging \$1,000 or more over a 5-year period.

Hospice Memorial Fund

Support our Hospice patients and their families when they need it most.

Kiddie Cornerstone Fund

Bring smiles to our youngest patients to promote hope and healing at home.

Why I give to Cornerstone VNA

Why I give to CVNA is difficult to put into words. CVNA came through for me during the most difficult time in my life thus far, and that is priceless. Because of this, I give when I can and decided to join the Board to help in their mission. I could never have imagined the passion and dedication every staff member has towards their clients and community. CVNA did not skip a beat during the pandemic and was able to deliver compassionate and professional services throughout. CVNA is one of the most remarkable non-profits I have ever encountered.

— Jill Johnstone

Yes, we are Visiting Nurses.

We are also

Physicians

Nurse Practitioners

Physical Therapists

Occupational Therapists

Speech Therapists

Social Workers

Spiritual Care Providers

Wound Care Certified Nurses

Ostomy Management Nurses

Certified IV Nurses

Advanced Telehealth Nurses

Licensed Nurse Assistants

Personal Care Service Providers

Office Support Staff

Volunteers

and so much more!



Our mission is to promote the optimum level of well-being, independence and dignity of those living in the community by providing trusted, compassionate and expert health care.

Service Area



NH Towns:

Alton
Alton Bay
Barnstead
Barrington
Brookfield
Center Barnstead
Center Ossipee
Center Strafford
Dover
Durham
East Rochester
East Wakefield
Effingham
Farmington
Gonic
Greenland
Hampton
Hampton Falls
Lee
Madbury
Middleton
Milton
Milton Mills
New Castle
New Durham
Newington
Newmarket
North Hampton
Northwood
Nottingham

Ossipee
Portsmouth
Rochester
Rollinsford
Rye / Rye Beach
Sanbornville
Seabrook
Somersworth
Strafford
Stratham
Union
Wakefield
West Nottingham
Wolfeboro
Wolfeboro Falls

ME Towns:

Acton
Berwick
Eliot
Kittery
Kittery Point
Lebanon
North Berwick
Sanford
South Berwick
Springvale
York
York Beach
York Harbor



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HOME CARE • HOSPICE CARE • PALLIATIVE CARE • LIFE CARE – PRIVATE DUTY • COMMUNITY CARE