



CORNERSTONE VNA
HOME • HEALTH • HOSPICE

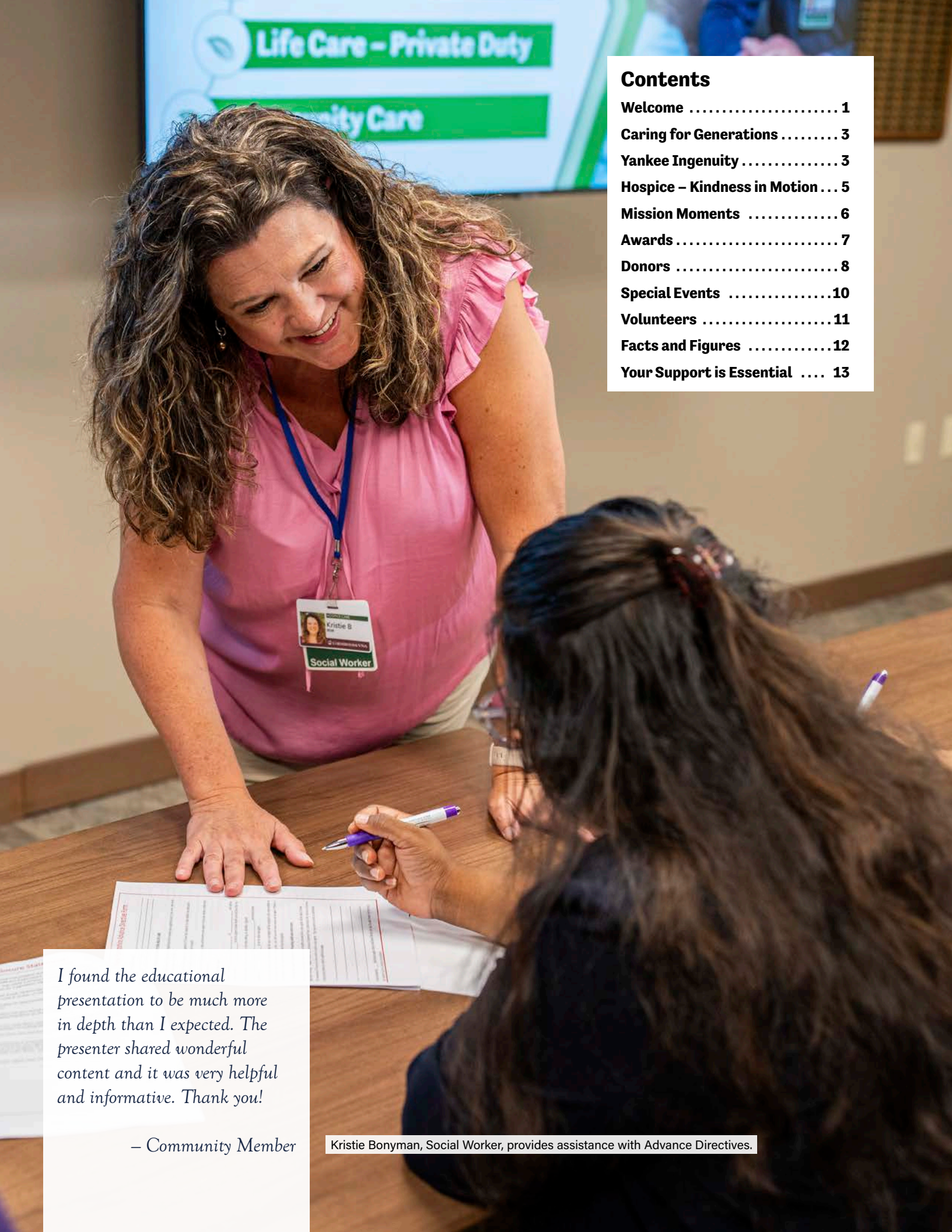
ANNUAL REPORT 2025



Delivering the best care

*Kindness
in Motion*

at home since 1913



Life Care - Private Duty

Community Care

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Kristie B
Social Worker

I found the educational presentation to be much more in depth than I expected. The presenter shared wonderful content and it was very helpful and informative. Thank you!

– Community Member

Kristie Bonyman, Social Worker, provides assistance with Advance Directives.

Kindness in Motion

Kindness in Motion is more than a theme at Cornerstone VNA. It reflects how we live our mission every day. In 2025, we continued to transform compassion into action by strengthening access to care, deepening community connections, and supporting individuals and families with excellence, dignity, and heart.

This year also marked my first year serving as CEO, following more than two decades with the organization since 2001. That history has shaped my belief that kindness, collaboration, and active listening must guide our path forward. Throughout the year, we engaged closely with staff, leadership, partners, and the community to strengthen our culture, expand meaningful partnerships, and ensure our growth continues to meet the needs of those we serve.

Our commitment to community well-being remained strong. We enhanced mental health initiatives, strengthened collaborative alliances, and made our free education series more robust while developing deeper



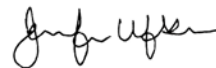
educational opportunities tailored for 55+ communities. These efforts reflect our dedication to meeting people where they are with practical support, knowledge, and connection.

Internally, we invested in certifications, specialized training, and program development to prepare our teams for evolving needs. We also focused intentionally on fostering a supportive workplace culture where staff feel valued, empowered, and inspired, because exceptional care begins with supported caregivers.

At the heart of it all are our extraordinary staff, volunteers, partners, and supporters. Their compassion, skill, and dedication bring kindness into homes and communities

every day. Together, we are not only providing care, we are strengthening lives, building connections, and moving kindness forward.

With appreciation,



Jennifer Ufkin, RN, MSN, BC-NC,
President/CEO

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Amazing Care

I first joined the Cornerstone VNA Board of Directors in 2018, and I proudly became Board Chair in March 2025. It has been my distinct honor to volunteer my time to support this organization. I have always been impressed by how the Cornerstone VNA team addresses challenges, adapts to changes, and prepares for the future, especially with their seamless and thoughtful leadership transition in January 2025.

The succession from longtime CEO Julie Reynolds to Jennifer Ufkin reflects a well-executed and strategic plan. Leadership transitions can be challenging for any organization,

yet Cornerstone VNA did not skip a beat. Under Jen's leadership, the organization remains strong, mission-driven, and positioned for continued growth.

In 2025, my parents experienced amazing care from Cornerstone VNA's expert team of clinicians and support staff. My dad was so impressed and grateful for the care they received, he wrote a wonderful letter to Cornerstone VNA, which can be found on page 3. It's just another example of *Kindness in Motion*, Cornerstone VNA's theme of the year, which is woven throughout this report. Thanks for supporting an organization that has



impacted my life, both personally and professionally.

With appreciation



Anne Brown,
Board Chair



Juliana Roma, Home Care RN, with Philip Pelletier

Thank you to everyone at Cornerstone VNA for your unwavering commitment to excellence. And to Juliana—thank you for helping me navigate one of the most emotional and impactful health experiences of my life.

– Philip Pelletier

Caring for Generations

Cornerstone VNA has a long history of caring for our community, often serving multiple generations within the same family. It is especially meaningful when we receive heartfelt letters from patients who share how our services have supported them and their loved ones over decades. We are grateful to Philip for sharing his experience, reflecting our longstanding presence in the community and the importance of providing specialized home care.

"I am writing to express my deepest appreciation for the exceptional care my family and I have received from Cornerstone VNA over the years. Your organization has been a trusted source of support and compassion for

multiple generations of my family, and I feel compelled to share our story and extend my heartfelt thanks.

Our journey with Cornerstone VNA began in the 1980s when my father was a patient. In the late 1990s and 2000s, my mother also received your services, and in the 2010s, my cousin—a proud WWII veteran—benefited greatly from your care after moving in with us. Each experience was marked by professionalism, kindness, and a genuine commitment to health and dignity.

More recently, my wife has received excellent home health and personal care services, and now I find myself

as a patient, receiving complex wound care. This full-circle moment has only deepened my respect and gratitude for your team.

I would especially like to commend one of my primary nurses, Juliana, whose dedication, skill, and compassion have been nothing short of extraordinary. Thank you to everyone at Cornerstone VNA for your unwavering commitment to excellence. And to Juliana—thank you for helping me navigate one of the most emotional and impactful health experiences of my life."

*With sincere gratitude,
Philip Pelletier*

Yankee Ingenuity

We'd like you to meet John, a 102-year-old patient who we had the pleasure of working with in the fall of 2025, after he had been discharged from the hospital for an infection. John started noticing trouble with swelling in his feet and ankles, limiting his mobility. He had developed a chronic condition called lymphedema.

When our Lymphedema and Wound Management Coordinator, Allyson Alexander, PT, DPT, CLT, WCC, first visited John, he shared that he had made some attempts at using compression stockings, but he wasn't successful. Since John lives independently at home managing his condition on his own is most important.

Upon meeting Allyson, he wasn't sure she'd be able to help him, but thanks to some "Yankee ingenuity" they found a way. Yankee ingenuity characterizes an attitude of make-do with materials on hand. It is inventive improvisation, adaptation and overcoming of shortages of materials. John and Allyson worked together and came up

with a creative solution for John to be able to put his compression stockings on and off independently. It includes:

- A donning device, a u-shaped frame designed to hold high-compression garments open.
- A walker with a piece of plywood across the middle as a makeshift "shelf" so that the donning device is at a better height for John.
- A non-skid mat on top of the plywood to keep the donning device from sliding around.
- A set of rubber gloves to give John some grip when positioning the compression stocking on the donning device and on his legs.
- Two pieces of rope, which John tied to the handles of the donning device to help him reach and pull up on the device from the floor.
- A black sharpie to mark an "x" where the stocking should line up on his heels and ankles.

John also modified the donning device by pulling the handles apart and making it slightly wider, which helped him position the stocking better with



gloves on. With a lot of thought, and some trial and error, it became genius system, created by clinical expertise and Yankee ingenuity.

Due to the success of the system they invented, Allyson and John starred in a video to be shared at the American Physical Therapy Association conference in Anaheim, California. Their story of working together will be used to help inspire other clinicians facing similar situations with their patients.



Becky helped me immeasurably, taking me through how hospice works, helping me schedule respite care and just being a listener.

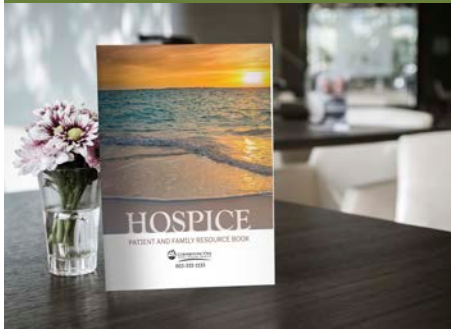
– Spouse of Hospice Patient

Becky Boccio, RN, Hospice Care Team

Hospice Care: Kindness in Motion for the Whole Family

At Cornerstone VNA, our Hospice Care program is about surrounding patients and families with comfort, compassion, and support so that no one faces the end-of-life journey alone. In 2025, we strengthened our Hospice program through innovative partnerships, expanded services, and new resources to support both patients and caregivers.

New Resource for Patients / Families



In May 2025, thanks to funding from generous donors, we introduced our first **Hospice Patient and Family Resource Book**, a comprehensive guide designed to support families throughout the hospice journey.

This resource provides practical information on what to expect, including symptom management, caregiving tips, home safety, advance care planning, and grief support. Families now have a trusted resource to help them feel more prepared and confident as they care for their loved ones.

In addition to the book, patients and families can access a dedicated website featuring a digital version of the book and helpful instructional videos, including safely transferring from a bed to a chair, giving a bed bath, and more. Since its publication, this resource has been well received by patients, families, caregivers, and staff.

More Comfort Through Holistic Care



This year we expanded our services to include holistic options to help hospice patients with pain and symptom management. First, Reiki services were introduced during the summer, followed by the addition of essential oils in December.

Reiki is a gentle, non-invasive energy therapy that promotes relaxation, stress reduction, and a sense of peace. Provided by a Cornerstone VNA Hospice Nurse and Reiki practitioner, Kelly Scribner, RN, Reiki can have a meaningful impact for patients receiving hospice care.

Essential oils promote relaxation, calm and sleep, reduce anxiety and restlessness, support breathing comfort, elevate mood, and more. The oils we are currently using include Lavender, Peppermint, Orange, Lemon Eucalyptus, and Frankincense.

These two specialty services are aimed at enhancing comfort and emotional support for patients and their families. Our holistic services complement Cornerstone VNA's expert clinical care by addressing the emotional, spiritual, and sensory needs of patients at the end of life.

Supporting the Human-Animal Bond



For many people, pets lift spirits and bring a sense of peace through companionship and comfort. In 2016, Cornerstone VNA became an official partner of **Pet Peace of Mind® (PPOM)**, a nationally recognized program that helps keep pets and their people together when they need each other most. This year, we partnered with **Golden Dog Adventure Company** to further expand awareness and support for the program.

Through this collaboration, we increased volunteer recruitment, broadened community outreach, and raised funds to support services such as pet walking, feeding assistance, veterinary and grooming expenses, and rehoming support when needed. Together, we are helping ensure that patients can keep their pets close during a difficult time.

Compassionate Care for Every Family

Each of these initiatives reflects our commitment to providing exceptional hospice care centered on dignity, comfort, and connection. Through skilled clinicians, dedicated volunteers, and meaningful partnerships, our Hospice Care team continues to put *Kindness in Motion*, ensuring the most complete and compassionate care for the whole family.

Mission Moments

Every act of care tells a story. At Cornerstone VNA, our team keeps *Kindness in Motion* through everyday moments that bring comfort, hope, and support. Here are a few Mission Moments shared by patients and families, representing each of our programs.

Home Care

Education, compassion, and connection are at the heart of care at home. Each day, our Home Care team puts *Kindness in Motion*, helping patients feel supported and confident in their care. These words from patients and families reflect the impact of that work.

Hospice Care

Our Hospice Care program focuses on comfort, dignity, and quality of life, supporting both patients and their loved ones through every stage of the end-of-life journey. With compassion and presence, our team keeps *Kindness in Motion* during moments that matter most. We are helping our patients and their loved ones live each and every day to its fullest. The wife of a Hospice patient shares her heartfelt words about the care her family experienced.

Palliative Care

Our Palliative Care program supports patients facing serious illness by focusing on relief from symptoms, stress, and the challenges that come with complex medical conditions.



"Over the past few years, we have both found ourselves (unexpectedly!) needing the services provided by your organization. We were impressed by the personnel, the expertise and the kindness demonstrated by your team at every home visit. Thank you for 'being there' for the residents of Rochester. We never realized how important those services were until we needed them."

"I couldn't be more grateful for the help and care I received. I was always treated like a family member in every way. I wouldn't want to choose any other company. Steve, who took care of me, truly is a blessing to his

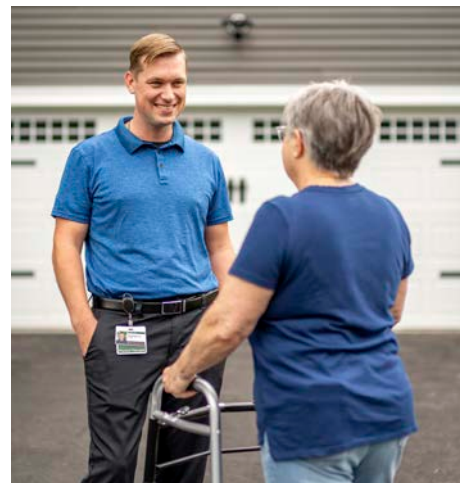
"Please know how grateful our family is with the most caring and competent Hospice team, consisting of Ingrid, Tina, and Maureen, making my husband's end of life exceptionally comfortable.

Personally, it was the roughest situation I've experienced in my 81 years. Our sons and daughters-in-law were incredibly loving, saying to me, 'Mom, we have this! Sit with Dad! We have the rest!' Having the grandchildren here made it strangely festive. All of us would come and go to tell him how much we loved him!

This compassionate approach helps improve the quality of life for both patients and their families, keeping *Kindness in Motion* throughout their care journey. Generous donations and grant funding continue to sustain this important and often underfunded program. The following words were shared by a patient's husband in gratitude for the care and support his family received.

"When my wife Joyce began receiving Palliative Care from Cornerstone VNA, she was realistic about the road ahead and wanted to do things her way. After years on dialysis and living with end-

profession and your company, but I'm most grateful for having him to treat my condition. He was a great person and a very great help in every way."



I could write so much more. Will share just this one precious moment! I leaned over the railing of the bed and told him how much I loved him. His head, with eyes closed, turned and mouthed, 'I love you more!' I had no idea that he could hear me. No sound came from him, but I will treasure forever his silent words! Yes, even on his way to that other place, he was able to hear the last words I spoke to him! May this small donation to Cornerstone VNA help to make others aware of the excellent work that is done 24/7."

stage renal failure, it was important for us to find a team who truly cared. From the beginning, everyone at Cornerstone VNA exceeded our expectations. Joyce especially appreciated her Nurse Practitioner's approach. Alexa made her feel comfortable, listened to her concerns, and reassured her when she needed it most. The medications were managed so Joyce wouldn't have to suffer or be uncomfortable, and Alexa helped her understand that they weren't addictive, which made a big difference and they really helped her sleep well. The whole team, from nursing to therapy, was outstanding. We even recommended Cornerstone VNA to our

son for his own care. Deb and Alexa were among the best people we've ever worked with. It was wonderful to have their support, especially since I was the primary caregiver for my wife. The care we received was the kind we'd expect from family, and that's exactly what we

got. I would recommend Cornerstone VNA to anyone. Your team went above and beyond for us, every step of the way."

Allan Gillette, Husband of Joyce, Palliative Care Patient

Life Care

Our Life Care private duty program helps older adults maintain peace of mind and independence while aging at home. With dependable support and compassionate care, our team puts *Kindness in Motion* into every visit. Our Social Worker, Jeni, shared the following reflection after hearing heartfelt feedback from patients about the meaningful difference our Homemakers make each day.

"I wanted to share some feedback that I received today about two of our Homemakers - Toni and Thelma. Both patients absolutely raved about the service they get from their individual

homemakers, stating that the help they receive improves their home, relieves anxiety about not being able to do all the challenging tasks and helps them to preserve needed energy. Additionally, they both said it provided them with companionship and a sense of connection. I feel certain this pertains to every single Homemaker and Personal Care Service Provider (PCSP) we have, but today I happened to hear about these two ladies specifically. I feel it is important to recognize them for the outstanding impression they've made. All of the Homemakers and PCSPs are so greatly appreciated by all staff and of course the patients. Their work is often hard and tedious and their impact on our patients is unmatched."

Community Care

With the continued growth of our Community Care program, Katie Michaud, MS, OTR/L, was promoted to the newly created role of Community Care Director. Since joining Cornerstone VNA in 2013 as an Occupational Therapist, Katie has made a meaningful impact in a variety of leadership roles, including Team Manager, Rehab Coordinator, and Mental Health Coordinator. In her new position she leads the organization's Educational Series, A Matter of Balance programs, and mental health advocacy efforts.

Under Katie's leadership, and in partnership with our Advancement Department, community outreach continued to expand with the launch of two new monthly Caregiver Cafés at the North Hampton and

Barrington Public Libraries. With these additions, Cornerstone VNA now hosts six monthly Caregiver Cafés in collaboration with local libraries, including Dover, Farmington, Strafford, and Wolfeboro. Caregiver Cafés create opportunities for caregivers to connect and support each other.

According to Katie, *"A sense of community is a key characteristic to a successful organization, and I look forward to growing in my role as Community Care Director. I love to network and collaborate with other organizations to improve the wellbeing of the community. Mental health often is an overlooked topic, and I am passionate about educating the public and supporting those who struggle. Mental and physical health go hand in hand, and together we all can make an impact."*

Awards

Above and Beyond Awards 2025

Quarter 1 - Life Care

Toni Scott, Homemaker
Judi Sheing, PCSP
Cheryl Toms, Homemaker

Quarter 2 - Home Care

Todd Burnett, PT
Stephen Herrick, PT
Corey Mastin, PT
Jeanne Spurlin, RN

Quarter 3 - Office Team

Rose Dechaine, RN, Home Care Manager
Jenna Copperwhite, RN, Home Care Manager
Christina Rowe, HR Manager
Ann Vennard, Assistant Director of Advancement
Jayme Thibeault, LNA, Hospice Volunteer Coordinator

Quarter 4 - Hospice/Palliative Care

Katie LeBlanc, M.A., Chaplain
Melissa Silver, MSW, Social Worker
Lauren Kay, MDiv, Chaplain
Melissa Emery, RN, Hospice Nurse
Jeff Mitchell, RN, Hospice Nurse
Erin Cullen, Palliative Care NP

Spirit of NH Volunteer Award

Anne Brown, CVNA Board Chair

Cornerstone Award

FedPoint

Cornerstone VNA Nightingale Award

Amy Coombs, RN

Cornerstone VNA LNA of the Year

Susan Faulkner, LNA

Best of the Seacoast

Best Home Health Care, Winner
Best Place to Work, Winner
Jeff Mitchell, RN, Best Nurse, Finalist



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 Margaret Yeager
 Stephanie Zhang Voss
 17 anonymous donors

In Celebration/Memory/Honor

In celebration of Suzanne LaPanne

Anonymous
In honor of all of those in need
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In honor of Janice Howard

Robin Owen
In honor of Jen, OT and Karen, PT
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In memory of Howard Allen

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Carolyn Clarke
 Bethany Garboski
In honor of Steve Garboski
 Bethany Garboski

In memory of Eunice "Corky" Garboski

Bethany Garboski
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In memory of Linda Maynard

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 Suzanne Nixon
 Elaine Nyberg
 Paula and Helena Panasis
 Reid Stentson and Joel Bogan

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In memory of Donna Miller

In memory of Hilary Myers

Gail Kindberg

In memory of Therese Nadeau

Patty Jokiel
Donald Nadeau

In memory of Richard Olsen

Dianne Olsen

In honor of Rick Pero

Ken and Frances Broderick
Audrey Genest
David and Kathy Ilsley
Mary Knauer
Donna McCarriston
Karen McLucas
Penny & Elery Warren/LeBlanc

In memory of Ed Peterson

Jay and Sue Hallam
Kaleigh O'Leary

In memory of Deborah Piekut

Ruth Buczynski
Rosemarie Wissenbach

In memory of Ronald Pierce

John and Deborah Gendron

In memory of Claudette Piette

Melissa Mandrell

In memory of Marie Plante

June Gagnon

In memory of Bibian A. Plante

Deborah Plante

In memory of Pamela Provost

John Provost

In memory of Jeanne Radcliffe

Ann Havey
Mary Lou Monnat
Katherine Pixley
Randy and Kathy Tetreault
John and Ann Walsh

In memory of Ricky Rainville

Joanne Rivers

In memory of Carol Ann (Joyce) Reilly

Margaret Parham

In memory of John "Dick" Reilly

Mae Reilly

In memory of Constance Richardson

Paul Richardson

In memory of Patricia Ropars

Nancy Bailey
Doris Grant
Maggie Martineau

In memory of Jeanne Salmon

Stephanie Stepanauskas

In memory of Virginia G. Scarponi

Sharon Alex

In memory of Robert D. Steele

Roberta Steele

In memory of Donald Stowell

John Davidson

In memory of Madeleine Tillery

John Tillery

In memory of Michelle Trull

Bruce Trull

In memory of Bill Tsiros

Cathy Tsiros

In memory of Orphia Urquhart

Mary Lou Monnat

In memory of Ed and Judy Vacca

Amanda Vacca

In memory of Beatrice Wadleigh

Evelyn Sanborn

In memory of Billye Waldron

Sally Gustafson and Donald Bullerwell
Pam and Dave Perkins

In memory of Greg White

Granite State Chapter USAFA AOG

In memory of Paul Winckler

Fred and Roberta Goodrich

Eleanor Grondin

Julie Hunt

John Nelson and Marilyn Bushman

Michelle Roover

Joann Smith

In memory of George "Woody" Woodill

Diane Woodill

In memory of Olga Wright

Nancy Bailey

In memory of Joseph Zalgenas

Dorrie Boucher

In memory of Thomas E. Zimmerman

Marie Hanson

In-Kind

We received in-kind gifts from 25 generous individuals and businesses. Thank you!

Century Circle

Linda and Allen Hotchkiss

Pet Peace of Mind®

Traci Bisson

Anne Brown

Brian Frankenfield

Golden Dog Adventure Co.

Julie Merrill

Tina Narciso

Pet Supplies Plus - Somersworth

Woof

Nancy Yates

6 Anonymous Donors

Business and Grant Support

Best Dad Foundation

Daystar

FedPoint USA

First Seacoast Bank

Foundation for Seacoast Health

Greater Rochester Community Health

Foundation

Hannaford, Rochester, N. Main St.

HCA Foundation

Holy Rosary Credit Union

Kennebunk Savings

Laars Heating Systems Company

Lilac Club Casino

New and Again Thrift Store for Charity

New Hampshire Charitable Foundation

Seacoast Women's Giving Circle

Service Credit Union

Turbocam

Volunteer NH

WorkInvestNH

Town Funding

City of Dover

City of Portsmouth

City of Somersworth

Town of Acton

Town of Barrington

Town of Berwick

Town of Brookfield

Town of Eliot

Town of Farmington

Town of Lee

Town of Middleton

Town of Milton

Town of New Durham

Town of Northwood

Town of Nottingham

Town of Rollinsford

Town of Strafford

Town of Wakefield

Town of York

112 Giving Challenge

Paula Abraham - in memory of Dorothy M. Cause

Shirley and David Alessandroni

Darlene Bass - in memory of Michael Page

Joseph and Anne Behre

Conial Publishing, LLC - in memory of

Christopher Betjemann

Archana Bhargava

Joyce Bickford

Grace Birch

Anne Brown

Lisa and Ashley Brown

Dorothy Caler

Jane Carrier - in memory of Norman P.

Carrier

Ann Carter Vennard

Alta Chadbourne - in memory of Basil

Chadbourne

Lionel Chenard - in memory of Doris and

Michael Chenard

George Cheyne and Marilyn Foster

Carolyn Clarke

Rachel Cohee

Daniel Connelly

Gina Connolly

Austin Cornish

Beverly Corriveau

Gerald Crowell

Laura Davie

Rick DeCosta

Charles DiPrizio

Frances and Robert DiTursi

Alan and Cyndy Dore

Everett Dupont

Erin Ellis

David Emberley

Craig Evans

Mark Farrell

Michael Farren

FedPoint USA

Tim and Sally Fontneau

Brian Frankenfield

Patricia Frisella

Steve Garboski - in memory of Eunice

"Corky" Garboski

Adele Garvin

Jean Garzillo - in memory of Michael V.

Garzillo

Brian Gasbarro

Rodney Gaskell - in memory of Linda

Bisson Gaskell

Susan Gaudiello

Wally Gillis

Marjorie Grant

Denise Gravel

Marlene Guay

Betty Hart - in memory of Richard Hart

Rebecca Hess-Calef

Carol Hutton - in memory of Michalena H.

Krupa

Marilyn Imke - in memory of Larry Imke

Joanne Janelle - in memory of Ed Lowell

Lea Janelle - in memory of Jerry Janelle

JoAnn Keeler - in memory of Jacqueline

A. Keeler

Constance and Walter King

Ann Kippley

Christopher Kuehl

Joan M. Labonte - in memory of Bernard

Labonte

Matt Lahr

Katie LeBlanc

Erika Lee

Anne Letourneau

Allan Litvinchuk

Mark Longus - in memory of Margie M. Longus

Carol and Robert Lundgren

Carol Lutz - in memory of Gilbert W. Lutz

Tina and Russell Lyon

Rinda and Dennis Madden

Victor Mahoney

Bruce Mandeville - in memory of Sally

Mandeville

Frances Martel

Edmund Maynard

John and Dottie McLain

Martha Jane McLaughlin

John Menton

Milton Women's Club

Normandie Mindheim - in memory of

Arthur Mindheim

James Moss

George and Dorothy Mucher

Frank Natalino

Jo Ann Pearson

Judith Pearson

Phillip Pelletier

Kari Perkins - in memory of Harold Perkins

Kevin Plante - in memory of Diane Plante

Prime Buchholz LLC

Terri Raab

Sheila Rainey

Mae Reilly

Dorothy Reynolds - in memory of Charles

Reynolds

Julie and Dave Reynolds

David Richard

Paul Richardson

Joanne Rivers - in memory of Ricky

Rainville

Jim Rivet - in memory of Elizabeth A. Rivet

Bertha Robbins

Dolores Sanfacon

Nancy Santoro and Patrick Cyr

Dick Scarponi - in memory of Virginia

Glidden Scarponi

Steve Scarponi

Patrick Small

Ronald Squires - in memory of Angela

Squires

Maureen Steer

Lola Stemmermann - in memory of Patricia

Ropars

Carol Sweeney - in memory of Richard

Sweeney

John Tillery - in memory of Madeleine

Tillery

Raymond and Marilyn Tucker - in memory

of Mrs. Hilda Tucker

Turbocam

Jim and Jean Anne Twombly - in memory of

Jason Edward Twombly

Union Congregational Church Fellowship

Albert R. (Ray) and Gail Varney

Patricia Waskiewicz

Diane Woodill

Linda Wrightsman

Nancy Yates - in memory of Donald

Robinson

Anonymous donations

in memory of Bob Wiggin & Stacey Dion

in memory of Tom and Helen Gerber

in memory of Antoinette Hartgerink

in honor of Mike & Michele Houle

in memory of Jane Marshall

in memory of Richard J. Poor

7 additional anonymous donors

*We apologize for any misspelled or omitted names. We are truly grateful for every gift. If you have discovered an error, please contact philanthropy@cornerstonevna.org.

Special Events

39th Annual Lights of Love

The Jane Cooper Fall Lights of Love tradition continued with another beautiful event at the First United Methodist Church, which was held on December 3. Through this event, over 200 people across 11 states paid tribute to over 900 loved ones. Our sincere thanks to those who also made additional donations to support Cornerstone VNA.

A longstanding tradition of Lights of Love is to recognize special tributes who have had a significant impact on our local communities. This year, we remembered Norma Wotton and Marian Veno. And in the spirit of collaboration and gratitude for our partnership with church, we also remembered several parishioners who passed away in 2025 – William Casey, Frank Locke, Brenda Sewall, Ritch Southard.



9th Annual Caregivers Connect

We love supporting our local family caregivers, and it's been our privilege to continue our annual Caregivers Connect event. On May 8th, nearly



50 family caregivers enjoyed hearing from guest speaker Krissy Wuerdeman MS, CVT, CDP, CIH, who spoke on "Utilizing Validation as an Effective Tool in Caregiving." Attendees learned about the validation method and how to apply techniques throughout their caregiving journey. They identified common obstacles to exercising mindfulness and how to create daily practices to help them reduce stress, anxiety, and caregiver fatigue. In addition, each caregiver registrant received a special quilt from our generous friends at the Cocheco Quilters Guild and created a beautiful bouquet from Nowadays Flower Farm's flower bar. We are grateful for

our amazing volunteers and for our longtime Caregivers Connect event sponsor, First Seacoast Bank, who continues to make this special event possible for our local family caregivers!

Assistant Director of Advancement Ann Vennard received this message from an attendee after the event, "I was hoping to catch you after the Caregivers Connect event today to tell you what a beautiful service it was to our community. Oh, my goodness! What a wonderful speaker! My friend took a lot away from it as did I. Thank you for continuing to give so much to our communities!"

Virtual Hospice Memorial Service

Honoring the lives and memories of our hospice patients remains a cherished tradition at Cornerstone VNA. Through our Spring and Fall Virtual Memorial Services, we brought families together in the spirit of remembrance, comfort, and compassion, keeping *Kindness in Motion* even in moments of loss. The following messages were shared by families as they remembered their loved ones.

we really didn't know much about. My girls and I were educated with the hospice journey, so the process was less scary. A big thank you to Melissa for her great care and compassion! She was truly amazing!"

"I want to thank you all so much for the care you gave my father in his last days. Words fail me ... but know that you are all appreciated for what you do in giving dignity to each of your patients as they take their final journey. I feel like, through you, my dad was able to finish his life here on earth with dignity, and you allowed him to spend his last days with those he loved most. And although his passing was quite sudden to us, we were able to come to terms with our loss a little each day, as he

was still with us. Because of the care you gave him. Thank you. He truly is 'loved beyond words, missed beyond measure.'"

A path of remembrance in the Hospice Memorial Garden at the Cornerstone VNA main office also honors our hospice patients.



"I just watched your beautiful Virtual Hospice Memorial Service. Thank you for all your love, support and caring during my husband's Hospice journey. It was great experience with something

Paws & Purpose

Cornerstone VNA was proud to work in collaboration with our new partner, Golden Dog Adventure Company, to introduce the first annual Paws & Purpose event. Held on the grounds of Cornerstone VNA on September 6, Paws & Purpose brought together community members, their four-legged friends, and supporters of a meaningful cause for a lively afternoon of connection and fun. The event featured engaging activities from local vendors, great conversations, fun raffle prizes, and opportunities to learn more

about Cornerstone VNA's Pet Peace of Mind® (PPOM) program, which supports the beloved pets of hospice patients.

The event saw a wonderful turnout and enthusiasm from attendees who share our belief that caring for patients at end-of-life also means providing care and support to their pets. Thanks to the generosity and spirit of our community, Paws & Purpose was a great success in support of the PPOM program and a true reflection of *Kindness in Motion*.



Volunteers

Our volunteers continue to inspire us with their generous gifts of time, supporting our office staff, patients, and the wider community. Over the years, volunteer opportunities at Cornerstone VNA have expanded, allowing individuals to give back in meaningful and fulfilling ways. Their contributions are far-reaching, touching both our organization and the lives of those we serve.

exemplified what it means to lead with heart, purpose, and unwavering dedication. As Board Chair since 2025, her tireless commitment, generous donation of time, and strategic guidance have been instrumental in advancing our mission. Anne is not only a leader, but a champion for compassionate care at Cornerstone VNA."

to create meaningful connections and support for family caregivers in our communities.

Beyond the cafés, our volunteer program includes Hospice Volunteers, Companion Volunteers, Senior Companion Volunteers, A Matter of Balance Volunteers, Pet Peace of Mind® Volunteers, Office Volunteers, Event Volunteers, and our Board of Directors. Altogether, more than 60 volunteers work behind the scenes and throughout the community, showing that *Kindness in Motion* comes in many forms.

With the growth of our volunteer program, we began creating a new Volunteer Coordinator position at Cornerstone VNA. Starting in 2026, our Hospice Volunteer Coordinator, Jayme Thibeault, will now oversee all volunteers across the organization, helping to strengthen and expand their impact. We also extend a special thank you to Ann Vennard, Assistant Director of Advancement, who has spent nearly a decade enhancing many of our volunteer programs. We are excited for the future and look forward to seeing the continued contributions of our amazing volunteers.



This year, Anne Brown, Board Chair, was honored with a Spirit of New Hampshire award for her dedication as a member of our Board of Directors. Jennifer Ufkin, President/CEO, shared, *"Since joining the Cornerstone VNA Board in 2018, Anne Brown has*

We also expanded our Caregiver Café program by adding new volunteer facilitators, enabling the launch of two additional cafés at the Barrington and North Hampton Public Libraries. Our nine dedicated facilitators now run six monthly cafés across Dover, Farmington, Strafford, Wolfeboro, Barrington, and North Hampton. Through these cafés, we are helping



Facts and Figures

Program Statistics

	Patients	Visits
Home Care	4,510	64,409
Skilled Nursing		26,803
Physical Therapy		21,767
Occupational Therapy		11,355
Speech Therapy		1,041
Medical Social Worker		1,457
Licensed Nursing Assistants		1,986

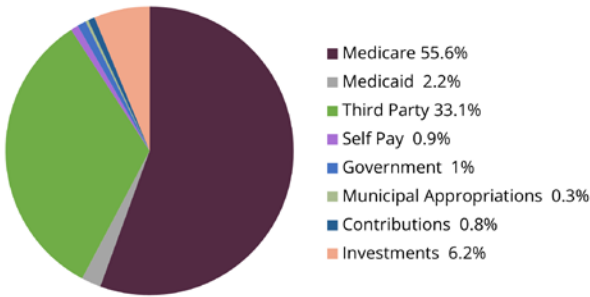
	Patients/Clients	Visits
Hospice Care	689	20,308
Palliative Care	527	1,320
Life Care - Private Duty	135	5,244
Community Care	1,055	214

Additionally: more than 360 Community Outreach and Networking activities, Educational Programs, A Matter of Balance Programs, and Monthly Caregiver Cafés.

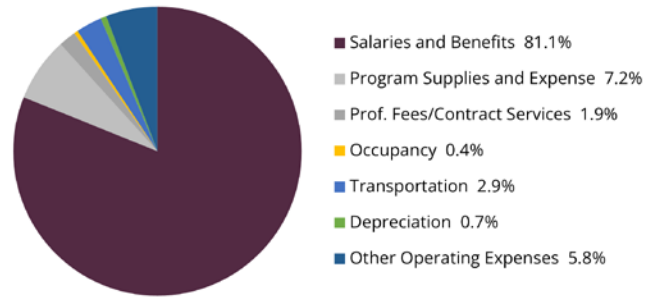
Mileage in 2025: 835,000 miles

Volunteer Hours Total 3,068

Revenue by Source



Operating Expenses



We Care About Community

We're proud to provide many other services and resources for our communities. Some you may know, others you may not know about yet, and most of them are provided at no cost. In total, the value of these services that we give back to the community amounts to over \$1.5 million! Check it out!

Community Newsletters

Educational Programs

Pet Therapy Dogs

Hospice Patients' Pet Care

A Matter of Balance Programs

Drumming Circles

Distributing Gifts for Patients

Mental Health First Aid Trainings

Mental Health Alliances

Free Community Health Clinics

Caregivers Connect Event

Volunteer Coordination

Caregiver Trainings

Monthly Caregiver Cafés

Grief Groups

Caregiver Newsletters

Wellness Events

Vet to Vet Cafés

Foot Clinics

Your Support is Essential for Excellent Care from Cornerstone VNA

112 Giving Challenge

In honor of our 112th year, we launched our 112 Giving Challenge in December 2025. Many thanks to our generous donors, as well as our friends at FedPoint for matching funds up to \$11,200 and an anonymous donor for matching up to \$5,000.

We are pleased to share that our campaign raised over \$40,000! Donations will be used to help train our nurses in advanced care, expand patient education, and invest in technology that connects caregivers and patients more efficiently. Thank you to our 112 Giving Challenge donors, who are listed on page 9. We are grateful to our wonderful community of supporters!



Norma Snow Legacy Society

Make a lasting commitment through a will, trust, or other planned gift.

Century Circle

Boost the professional development of our staff by pledging \$1,000 or more over a 5-year period.

Hospice Memorial Fund

Support our Hospice patients and their families when they need it most.

Kiddie Cornerstone Fund

Bring smiles to our youngest patients to promote hope and healing at home.

Pet Peace of Mind®

Support for the emotional and spiritual connection pets provide for patients.

Grateful Patient Program

Express gratitude to a team member for the services provided and support the organization with a donation.

Other Ways to Show Your Support

In addition to monetary donations, there are many other ways you can show your support and help us advance our mission.

In-Kind Support: Throughout the year, but especially during the holidays, in-kind gifts can help us support patients in need. If you'd like to learn more, contact our Advancement Department at 603-332-1133.

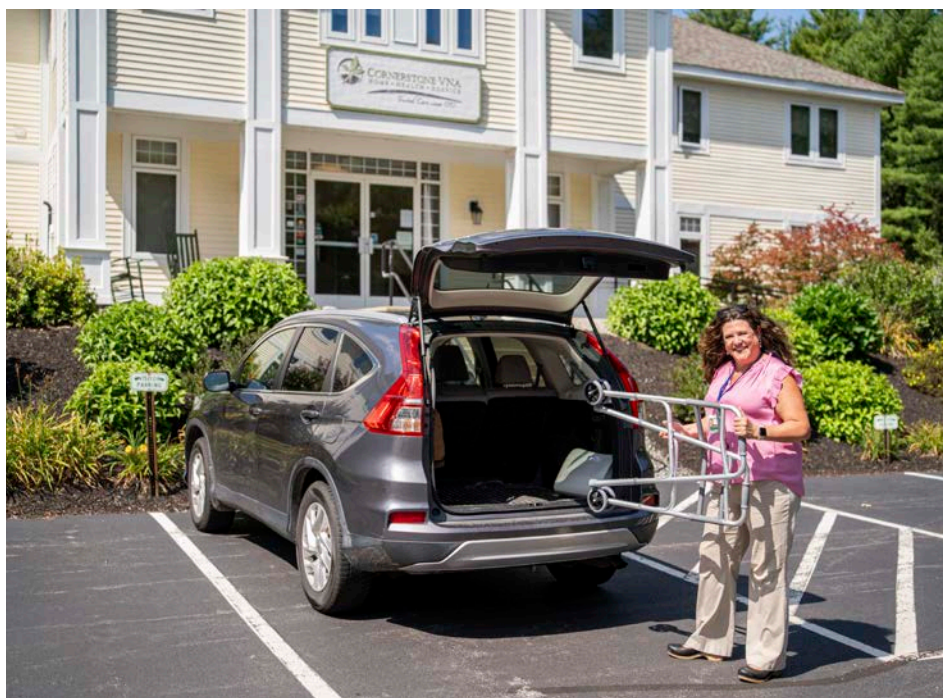
Durable Medical Equipment: We accept donations of new, like new, or gently used durable medical equipment (DME). Please call us first at 603-332-1133 to make sure we have enough storage space available to accept your equipment donation.

Volunteer: One of the greatest gifts you can give is the gift of time. We offer a variety of opportunities including companion volunteering, hospice volunteering, caregiver support, pet care, and more. Visit cornerstonevna.org/volunteer to learn how you can get involved.

Share Your Gratitude: If a member of our team has exceeded your expectations – and you are interested in recognizing them – we'd love to hear from you! Your kind words or praise for our team is a wonderful way to support our staff. Give us a call, send an email, mail a note or letter, or visit our website at cornerstonevna.org/grateful-patient.

Recommend Cornerstone VNA: You can also support us by recommending our care to others. Tell your family, friends, and neighbors, share our social media posts, or write a Google review at cornerstonevna.org/review. You can also spread the word by sharing our e-newsletters.

Thank you!



Kiddie Cornerstone Fund

In 2016, we proudly established the Kiddie Cornerstone Fund to be able to support our smallest patients and their families.

Funds are often used to purchase books, toys, and more to promote hope and healing at home. We also support families in need during the holidays or with the cost of traveling to medical appointments. This Fund has helped us purchase special equipment for pediatric hospice patients and to provide support to the children of our hospice patients.

We are honored to provide this often unexpected support for the children who receive services or experience the care provided to their family members.

Thank you to our donors and local businesses who help us care for kids through the Kiddie Cornerstone Fund!



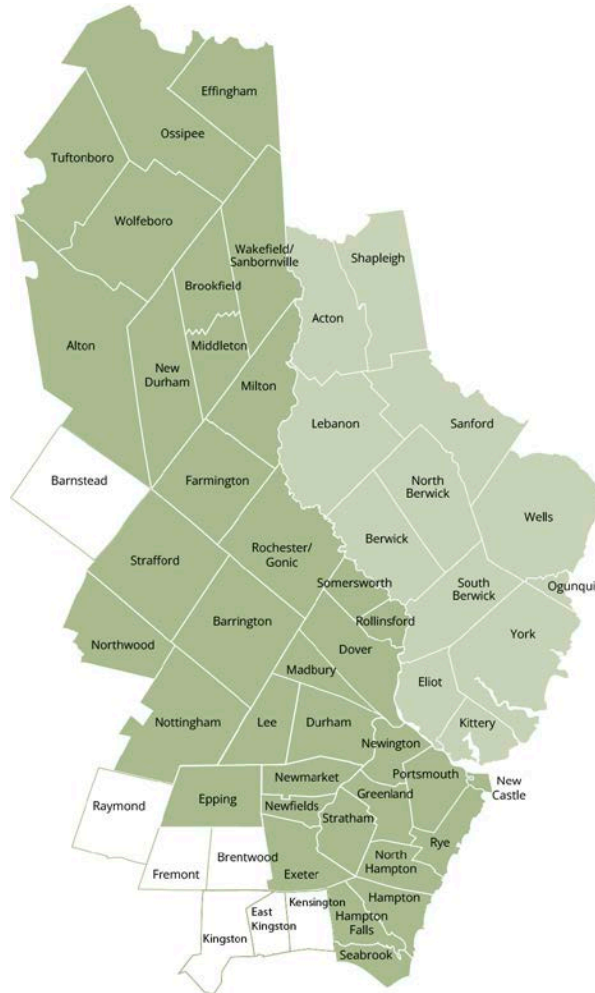
Service Area

Our service area footprint grew once more this year, but we took a different approach to ensure we were successful in being able to meet the needs of our local communities.

When we expanded to the towns outlined on the map - Raymond, Fremont, Brentwood, Kingston, East Kingston, and Kensington - we chose to do so on a "case-by-case" basis. This strategic approach gives us time to evaluate the demand for services and achieve the appropriate staffing levels before becoming "fully open" to referrals.

Your generous donations, and belief in our mission, make it possible for us to overcome reimbursement challenges, and do what we do best; provide the very best care at home in the communities where patients and families ask for us by name.

Thank you for your kindness and your trust in our team.



NH Towns:

Alton, Alton Bay
Barnstead
Barrington
Brentwood
Brookfield
Center Strafford
Dover
Durham
Epping
Exeter
Effingham
Farmington
Fremont
Greenland
Hampton
Hampton Falls
Kensington
Kingston, East
Kingston
Lee
Madbury
Middleton
Milton, Milton
Mills
New Castle
New Durham
Newfields
Newington
Newmarket
North Hampton
Northwood
Nottingham
Ossipee

Portsmouth
Raymond
Rochester
Rollinsford
Rye, Rye Beach
Sanbornville
Seabrook
Somersworth
Strafford
Stratham
Tuftonboro
Union
Wakefield
West
Nottingham
Wolfeboro
Wolfeboro Falls
Maine Towns:
Acton
Berwick
Eliot
Kittery
Kittery Point
Lebanon
North Berwick
Ogunquit
Sanford
Shapleigh
Springvale
South Berwick
Wells
York
York Beach
York Harbor



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